



WE ARE FOOD

SUNSHINE FRUIT FROM TURKEY

FOR MANY YEARS COOL FRESH HAS BEEN IMPORTING TOP QUALITY FRESH PRODUCE FROM TURKEY. FOR THE COMING MONTHS WE ARE PROUD TO BRING YOU A GREAT RANGE OF FRUIT, SPECIALLY SELECTED TO RETAIL STANDARDS. OUR CLOSE RELATIONSHIP WITH PROFESSIONAL FARMS AND PACKING FACILITIES GUARANTEES YOU TOP QUALITY, TIME AFTER TIME. TALK TO US ABOUT DIRECT LOADINGS OR CUSTOM PACKAGING!

DOBESHI SEEDLESS MANDARINS

A beautiful, superjuicy variety which keeps well. Providing around 80% of your daily recommended intake of Vitamin C, mandarins also have lots of antioxidants and a high fibre content. Great to eat as a snack, mandarins can also be used in salads, or to perk up an Oriental stirfry dish.

SEEDLESS MANDERIN



STAR RUBY GRAPEFRUIT

Packed with vitamin C, B complex vitamins, zinc, copper, iron, potassium, and dietary fiber. An excellent source of vitamin A and supply the highest levels of lycopene of all grapefruits. Perfect for a healthy breakfast, but also used in savory salads, baked dishes, juiced into cocktails, vinaigrette dressings or frozen desserts

STAR RUBY GRAPE FRUIT



FIGS

Figs are an exceptional source of fiber, helping to aid digestion and promote heart health. The soluble pectin fiber in figs helps lower cholesterol levels. Delicious as a fresh fruit, figs can also be used to create beautiful salads and desserts.

FIGS



QUINCE

Aromatic and mystique, quince fruit is revered since ages as the 'golden apple'. Use quince in jams, jellies, and puddings. Also great in stews to impart a sweet yet tart flavour. Packed with beneficial nutrients, including vitamins, minerals, phenolic compounds, antioxidants and dietary fiber.

QUINCE



POMEGRANATES

Turkish pomegranates are true gems: its jewel-like seeds and sweet-tart juice make all kinds of sweet and savory recipes sparkle, including salads, braised meats, cocktails, and so much more. Very rich in nutrients; it is one of the so-known superfruits. Exceptional nutritional value and rich in anti-oxidants, vitamin C, vitamin K and vitamin B5.

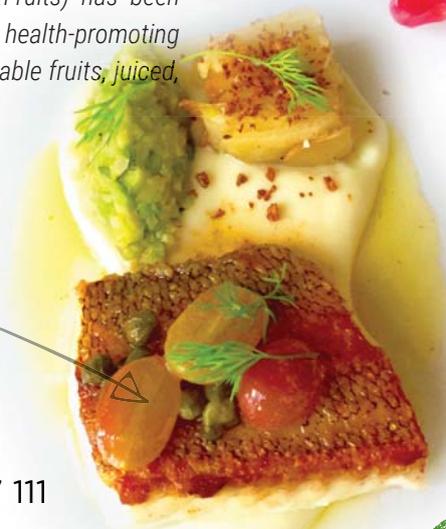
POMEGRANATE



SULTANA GRAPES

From ancient times the Sultana Grape (known as the Queen of Fruits) has been favoured for its intense sweetness. A storehouse of numerous health-promoting phytonutrients, grapes should be included in every diet; as a fresh table fruits, juiced, baked with fish or simply in salads!

SULTANA GRAPES



LET'S TALK!



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